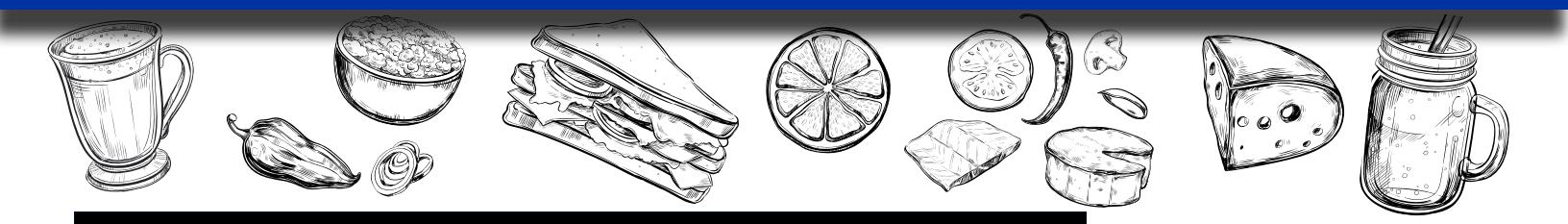
LUTHER CAFETERIA MENU

JULY 20 - 26

LUTHER COLLEGE
UNIVERSITY OF REGINA



BREAKFAST

7:30 - 11:30 a.m.

Fresh fruit, yogurt, granola, bread, cereal, and pastries are available daily as well as classic breakfast items (e.g. eggs, bacon/sausage, hash browns).

MONDAY
Classic Breakfast
Waffles

TUESDAY
Classic Breakfast
Waffle Bar

WEDNESDAY
Classic Breakfast
Pancakes

THURSDAY
Classic Breakfast
Egg & Cheese Bagel

FRIDAY
Classic Breakfast
Smoothies

LUNCH

11:30 a.m. - 3:30 p.m.

MONDAY
Grilled Cheese Sandwich
Smokies

TUESDAY
Spaghetti & Meat Sauce
Gyro Smashed Chicken Taco's

WEDNESDAY
Honey Sriracha Drumsticks
Maple Salmon

THURSDAY
Chipotle Crusted Pork Tenderloin
Baked Creamy Tomato Tortellini

FRIDAY
Boneless Hot Wings
Pepperoni Pizza

SATURDAY
Brunch *(12:00 - 3:30 p.m.)*

SUNDAY
Brunch *(12:00 - 3:30 p.m.)*

SUPPER

3:30 - 6:30 p.m.

MONDAY
Chickpea Curry
Paprikash Chicken Thighs

TUESDAY
Banh Mi Bowls
Salisbury Steak

WEDNESDAY
Sticky Five Spice Ribs
Southwest Chicken Pasta

THURSDAY
Burrito Bowl
Shredded Chicken Tinga

FRIDAY
Crispy Sesame Chicken Stir-Fry
Chef's Choice

SATURDAY
Greek Chicken Wings
Chef's Choice

SUNDAY
Chicken Alfredo
Sausage

SALAD BAR

ALL DAY

Assorted Salad Greens
Homemade Salads
Broccoli
Carrots
Cauliflower
Celery
Chickpeas
Cottage Cheese
Cucumbers
Hard Boiled Eggs
Olives
Shredded Cheese
Snap Peas
Pickles
Peppers (Green & Red)
Radishes
Tomatoes

**Availability varies daily*

SOUP

OF THE DAY

Chef's choice of soup
available all day

**PLEASE NOTE*
All menu items are subject to change