

Additional Resources for Project of Heart

Suggested resources for each week

Week 1: Introduction

Suggested resource: None

Week 2: What were the conceptions of Indigenous health and the different practices before the introduction of colonial medicine? *What did we try to take away?*

Guest speaker: Nicholas Ironchild, White Raven Healing Centre

Suggested resource: None

Week 3: What are some of the factors that impacted health and well-being in the prairies?

Guest speaker: Dr. James Daschuk, University of Regina

Suggested resource: None

Week 4: Health care as a right protected by Treaties.

Guest speaker: Aaron Tootoosis, Office of the Treaty Commissioner

Suggested resource: *“The Treaty Right to Health: A Sacred Obligation”* by Aimée Craft and Alice Lebihan

www.nccih.ca/Publications/Lists/Publications/Attachments/10361/Treaty-Right-to-Health_EN_Web_2021-02-02.pdf

Week 5: Colonial healthcare in the Qu’Appelle Valley: The Qu’Appelle Industrial School. What healthcare was available to the children – IRS hospital, File Hills Colony Hospital, Fort San, Fort Qu’Appelle Indian Hospital.

Guest speaker: Véronique Mireault and Dr. James Daschuk, University of Regina

Suggested resource: “We were Children” by Tim Wolochatiuk

https://www.nfb.ca/film/we_were_children/

Week 6: The File Hills Colony

Guest speaker: Cheyanne Desnomie, First Nations University

Suggested resource: “I Plowed the Sacred Soil” by Mark Dieter

Public viewing at the auditorium of Luther College on March 5th, at 4PM

Week 7: Colonial healthcare in the Qu’Appelle Valley: Discussion with survivors and living students

Guest speakers: kêhtê-aya Lorna Standingready, Barbara Lavallee, and Daryl Obey

Suggested resource: “The Cure was Worse” by APTN Investigate

https://youtu.be/o_Z1ln9by-8?si=aUQk9PnZMRNgyWD7

Week 8: Presentation of the services and the approach at the All Nations Healing Hospital and the White Raven Healing Centre

Guest speaker: Nicholas Ironchild, White Raven Healing Centre
Suggested resource: None

For Further Learning

Books

An act of genocide: Colonialism and the Sterilization of Aboriginal Women, by Karen Stote

Clearing the Plains: Disease, Politics of Starvation, and the Loss of Indigenous Life, by James Daschuk

Colonizing bodies: Aboriginal Health and Healing in British Columbia, 1900-50, by Mary-Ellen Kelm

Country of poxes: Three Germs and the Taking of Territory, by Baijayanta Mukhopadhyay

Fighting for a Hand to Hold: Confronting Medical Colonialism against Indigenous Children, by Samir Shaheen-Hussain

Healing Histories: Stories from Canada's Indian Hospitals, by Laurie Meijer Drees
Inuit, Oblate Missionaries, and Grey Nuns in the Keewatin, 1865-1965, by Frédéric Laugrand and Jarich G. Oosten

Inventing the Thrifty Gene: The Science of Settler Colonialism, by Travis Hay

Medicine that Walks: Disease, Medicine, and Canadian Plains Native People, 1880-1940, by Maureen Lux

Medicine Unbundled: A Journey Through the Minefields of Indigenous Health care, by Gary Geddes

Separate beds: A history of Indian Hospitals in Canada, 1920s-1980s, by Maureen Lux

Severing the Ties that Bind: Government Repression of Indigenous Religious Ceremonies on the Prairies, by Katherine Pettipas

Starvation, Experimentation, Segregation, and Trauma: Words for Reading Indigenous Health History, by Mary Jane Logan McCallum

Structure of Indifference: An Indigenous Life and Death in a Canadian City, by Mary Jane Logan McCallum and Adèle Perry

Taking Medicine: Women's Healing Work and Colonial Contact in Southern Alberta, 1880-1930, by Kristin Burnett

The Genocide Continues: Population Control and the Sterilization of Indigenous Women, by Karen Stote

Wilful Neglect: The Federal Response to Tuberculosis among First Nations, 1867-1945, by Jane Thomas

Articles

Administering colonial science: Nutrition research and human biomedical experimentation in Aboriginal communities and residential schools, 1942-1952, by Ian Mosby

Medical colonialism and the power to care: unsettling participatory inclusion in the settler-state care paradigm, by Eva Boodman

Newspapers

CMA Apology A First Step Toward Healing Harms Against Indigenous People, Advocates Say by Bridget Stringer-Holden, CBC News
<https://www.cbc.ca/radio/unreserved/medical-harms-indigenous-people-cma-apology-1.7355104>

CMA Apology 'Could Have Gone Further': Cree Doctor by Leanne Sanders, APTN News
<https://www.aptnnews.ca/featured/cma-apology-falls-short/>

Confronting Residential Schools Denialism Is An Ethical And Shared Canadian Responsibility by Sean Carleton and Benjamin Kucher, The Conversation
<https://theconversation.com/confronting-residential-schools-denialism-is-an-ethical-and-shared-canadian-responsibility-265127>

Former Patient Alleges Physical, Sexual Abuse at Sask. Tuberculosis Hospital by Allison Bambord, CTV News
<https://www.ctvnews.ca/regina/article/former-patient-alleges-physical-sexual-abuse-at-sask-tuberculosis-hospital/>

FSIN Throws Support Behind Class-Action Suit Over Tuberculosis Hospitals by Joel Willick, MBC Radio

<https://www.mbcradio.com/2022/02/fsin-throws-support-behind-class-action-suit-over-tuberculosis-hospitals>

Mistreated: The legacy of Segregated Hospitals Haunts Indigenous Survivors by Lauren Pelley, CBC News

<https://www.cbc.ca/news2/interactives/sh/jTCWPYgkNH/mistreated/>

Search Finds Remains of a Child at Former Qu'Appelle Indian Residential School in Saskatchewan by Sara Connors, APTN News

Survivors of Abuse at Indian Hospitals Eligible for up to \$200K in proposed settlement by Olivia Stefanovich, CBC News

<https://www.cbc.ca/news/politics/indian-hospital-federal-government-settlement-agreement-1.7475147>

The Definitive History of Canada's Residential School Shame by Tyler Olsen, The Tyee

<https://thetyee.ca/News/2025/09/30/Definitive-History-Canada-Residential-School-Shame/>

The Untold Story': Effects Of Sask. Experimental Colony Still Felt On Peepeekisis Cree Nation by Stefanie Davis, CTV News

<https://www.ctvnews.ca/regina/article/the-untold-story-effects-of-sask-experimental-colony-still-felt-on-peepeekisis-cree-nation/>

Maps/Visual Aids

Unmarked Burial Sites Associated with Indian Residential Schools

<https://pathstoreconciliation.canadiangeographic.ca/unmarked-graves-and-burial-sites/#mainmap>

Apologies

CMA Apology to Indigenous Peoples: Historical and Ethical Review Report
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https://digitallibrary.cma.ca/media/Digital_Library_PDF/2024%20CMA's%20apology%20to%20Indigenous%20Peoples%20-%20Historical%20and%20ethical%20review%20report%20EN.pdf

Reports

Sites of Truth, Sites of Conscience: Unmarked Burials and Mass Graves of Missing and Disappeared Indigenous Children in Canada, by Office of the Special Interlocutor

<https://osi-bis.ca/wp-content/uploads/2024/11/1.OSI-Sites-of-Truth-Sites-of-Conscience.pdf>

Websites:

Finding Common Ground: A Treaty walk (&Roll) of Fort Qu'Appelle, Saskatchewan

<https://storymaps.arcgis.com/stories/e90dc91809a048ec95c2cfcc9a4b7492h>

History of Health in Saskatchewan: An Interactive Timeline – 1782-1966

<https://www.tiki-toki.com/timeline/entry/1445970/History-of-Health-in-Saskatchewan-An-Interactive-Timeline-1782-1966/>

Manitoba Indigenous Tuberculosis History Project (report available)

<https://indigenoustbhistory.ca/>

Films/Videos

TRW 2024 Lunch & Learns: Health Related Impacts of the Residential School System, by the NCTR

<https://www.youtube.com/live/sJfnA1GAFcY?si=sFplevF0JHxafKVO>

Podcasts

The Story of a National Crime (listening guide and discussion questions available)

<https://knockaboutmedia756271764.wordpress.com/>

Historical Documents

Report on Boarding Schools in Alberta, by F. A. Corbett

Report on the Indian schools of Manitoba and the North-West Territories, by P. H. Bryce

The Indian Tuberculosis Problem and Some Preventive Measures, by R. G. Ferguson

The Story of a National Crime, by P. H. Bryce

