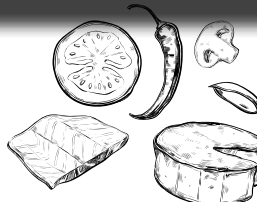
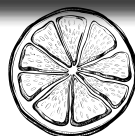
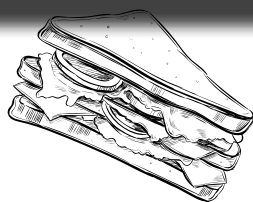
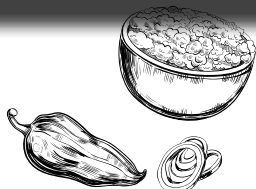


# LUTHER CAFETERIA MENU

NOV 3 - NOV 9



LUTHER  
COLLEGE  
UNIVERSITY OF REGINA



## BREAKFAST

7:30 - 11:30 a.m.

*Fresh fruit, yogurt, granola, bread, cereal, and pastries are available daily as well as classic breakfast items (e.g. eggs, bacon/sausage, hash browns).*

### MONDAY

Classic Breakfast  
Omelettes

### TUESDAY

Classic Breakfast  
Yogurt Parfait

### WEDNESDAY

Classic Breakfast  
Pancakes

### THURSDAY

Classic Breakfast  
French Toast

### FRIDAY

Classic Breakfast  
Smoothies

## SALAD BAR

ALL DAY

### Assorted Salad Greens

#### Homemade Salads

Broccoli  
Carrots  
Cauliflower  
Celery  
Chickpeas  
Cottage Cheese  
Cucumbers  
Hard Boiled Eggs  
Olives  
Shredded Cheese  
Snap Peas  
Pickles  
Peppers (Green & Red)  
Radishes  
Tomatoes

*\*Availability varies daily*

## SOUP

OF THE DAY

Chef's choice of soup  
available all day

## LUNCH

11:30 a.m. - 3:30 p.m.

### MONDAY

Grilled Cheese Sandwich  
Sausage & Perogies

### TUESDAY

Spaghetti & Meat Sauce  
Chicken Nuggets

### WEDNESDAY

Birddog  
Sweet, Sticky, Spicy Pork

### THURSDAY

Bruschetta Chicken  
Baked Creamy Tomato Tortellini

### FRIDAY

SPECIAL  
BBQ Lunch

### SATURDAY

Brunch (12:00 - 3:30 p.m.)

### SUNDAY

Brunch (12:00 - 3:30 p.m.)

## SUPPER

3:30 - 6:30 p.m.

### MONDAY

Butter Paneer  
Chicken Paprikash

### TUESDAY

Salisbury Steak  
Pork & Bok Choy Stir-fry

### WEDNESDAY

Mussels  
Tomato Spinach Chicken Pasta

### THURSDAY

Hand Cut Pork Chops  
Burrito Bowl

### FRIDAY

Popcorn Shrimp  
Sesame Chicken

### SATURDAY

Greek Chicken Wings  
Chef's Choice

### SUNDAY

Veal Cutlets  
Cheesy Ham & Potato Bake

*\*PLEASE NOTE  
All menu items are subject to change*

