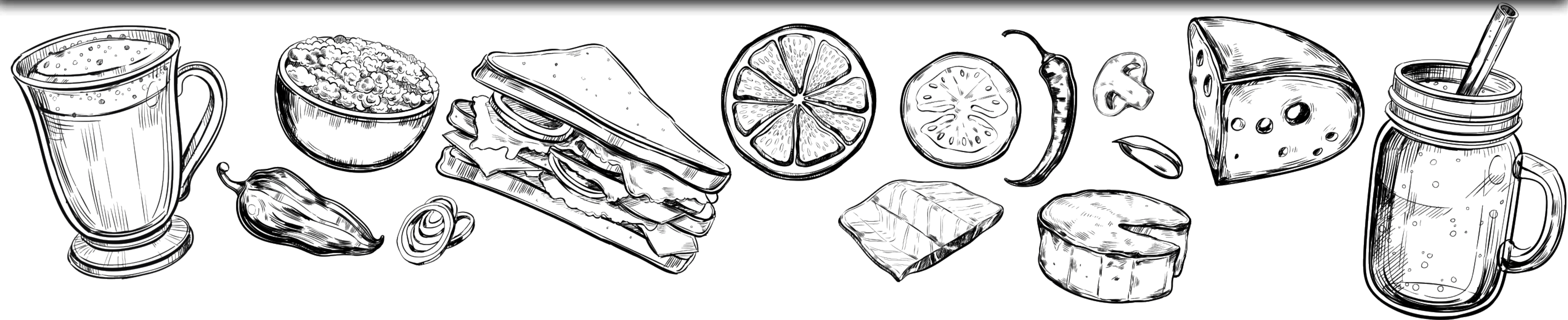


# LUTHER CAFETERIA Fall 2019 Menu

September 16 - 22, 2019



## Breakfast

7:00 - 11:00 a.m.

*Fresh fruit, yogurt, granola, bread, cereal, and pastries are available daily as well as classic breakfast items (e.g. eggs, bacon/sausage, hash browns).*

**MONDAY**  
Classic Breakfast  
Fresh Fruit Smoothie Bar

**TUESDAY**  
Classic Breakfast  
Pancakes

**WEDNESDAY**  
Classic Breakfast  
Waffle Bar

**THURSDAY**  
Classic Breakfast  
Denver Omelette

**FRIDAY**  
Classic Breakfast  
Fresh Fruit Smoothie Bar  
Eggs Benedict

## Soup

ALL DAY

**MONDAY**

Borscht

**TUESDAY**

Chicken Noodle

**WEDNESDAY**

Pickarel Chowder

**THURSDAY**

Hearty Chicken

**FRIDAY**

Kale & White Bean

## Lunch

11:00 a.m. - 4:00 p.m.

**MONDAY**  
Lentil & Cheese Quesadilla  
Spaghetti w/ Beyond Beef Crumble

**TUESDAY**  
Beef Stew w/ Dumplings  
Black Bean Tortilla Roll

**WEDNESDAY**  
Burrito Bar

**THURSDAY**  
Grilled Cheese Sandwich  
Ratatouille

**FRIDAY**  
Fish & Chips  
Liver & Onions  
Grilled Vegetable Sandwich

**SATURDAY & SUNDAY**  
Brunch (12:00 - 4:00 p.m.)

## Supper

4:00 - 7:30 p.m.

**MONDAY**  
Lasagna  
Roast Chicken

**TUESDAY**  
Turkey & Squash Curry  
Sausage & Pierogies

**WEDNESDAY**  
Roasted Pork w/ Apple Glaze  
Lentil Loaf w/ Mushroom Gravy

**THURSDAY**  
Roasted Chicken  
Honey Mustard Baked Fish

**FRIDAY**  
Butter Chicken  
Pub Favourites

**SATURDAY & SUNDAY**  
Chef's Choice (4:00 - 6:00 p.m.)

## Salad Bar

ALL DAY

*Fresh Daily Features*

**MONDAY**  
Wild Rice & Cranberry Bowl

**TUESDAY**  
Fall Lentil Bowl

**WEDNESDAY**  
Greek Salad Bowl

**THURSDAY**  
Caprese Salad Bowl

**FRIDAY**  
Acorn Squash Curry Bowl

