

July 15 - 21, 2019

LUTHER CAFETERIA SUMMER MENU



LUTHER
COLLEGE
UNIVERSITY OF REGINA

Breakfast 7:00 AM - 10:30 AM

FRESH DAILY FEATURES

Fresh fruit, yogurt, granola, bread, cereal, and pastries are available daily as well as classic breakfast items (e.g. eggs, bacon/sausage, hash browns). The following daily features are also available:

MONDAY

Mushroom & Goat Cheese Omelette
Buttermilk Pancakes
Classic Breakfast

TUESDAY

Classic Breakfast

WEDNESDAY

Waffle Bar • Classic Breakfast

THURSDAY

Ham & Cheese Omelette
Classic Breakfast

FRIDAY

Eggs Benedict • Classic Breakfast

Lunch 10:30 AM - 3:30 PM

FRESH DAILY FEATURES

MONDAY

Pesto Penne
Tuna Melt

SOUP - Black Bean

TUESDAY

Meatloaf w/ Tomato Gravy
Mediterranean Pasta Bake

SOUP - Italian Wedding

WEDNESDAY

Burrito Bar

SOUP - Thai Chicken

THURSDAY

Mac & Cheese
Chicken Fingers

SOUP - Borscht

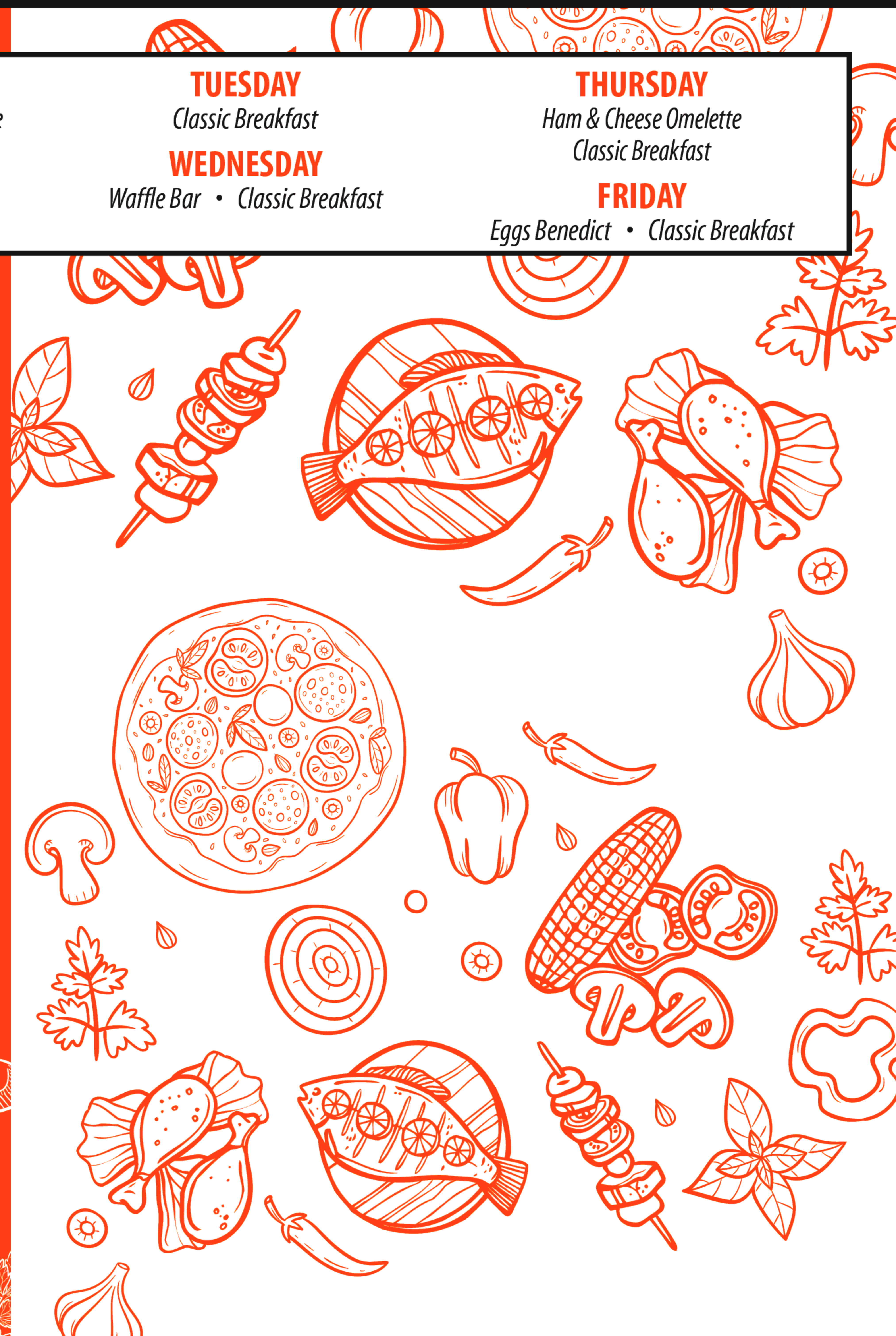
FRIDAY

Fish & Chips
Liver & Onions

SOUP - Soup Du Jour

SATURDAY & SUNDAY

The Almost Famous Brunch



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LUTHER CAFETERIA SUMMER MENU



Supper 4:30 PM - 6:30 PM

FRESH DAILY FEATURES

MONDAY

Spaghetti Squash w/ Marinara • Chicken & Dumplings
SOUP - Black Bean

TUESDAY

Grilled Lemon Chicken • Chorizo Polenta
SOUP - Italian Wedding

WEDNESDAY

Goat/Vegetable Green Curry
SOUP - Thai Chicken

THURSDAY

Rancher's Pie • Vegetable Tofu Stir-fry
SOUP - Borscht

FRIDAY

Beef & Broccoli Stir-fry • Crispy Chicken Thigh
SOUP - Soup Du Jour

SATURDAY

Chef's Saturday Night Special

SUNDAY

Spaghetti & Meatballs • Spaghetti & Vegan Marinara • Stromboli

Salad Bar AVAILABLE ALL DAY

FRESH DAILY FEATURES

MONDAY

Luther College's Famous Salad Bar • Quinoa & Brussel Sprout Bowl

TUESDAY

Luther College's Famous Salad Bar • Sushi on Noodle Bowl

WEDNESDAY

Luther College's Famous Salad Bar • Lentil & Field Green Bowl

THURSDAY

Luther College's Famous Salad Bar • Farmhouse Bowl w/ Buttermilk Dressing

FRIDAY

Luther College's Famous Salad Bar • Chicken & Chopped Antipasto Bowl

