Luther College
CATERING
MENU

WE TAKE PRIDE IN PROVIDING FABULOUS FOOD MADE WITH FRESH INGREDIENTS!

For all food service arrangements, please speak with:
Connie Korol,
Manager of Food Services
Phone: 306.585.5033
Fax: 306.585.2949
Email: foodservices@luthercollege.edu
Luther College at the University of Regina,
3737 Wascana Parkway, Regina, SK S4S 0A2

WE CAN ACCOMMODATE SPECIAL DIETS, PLEASE ENQUIRE.
We request catering details be confirmed five days before the event.
If extra attendants or other requests are required for your event, please enquire about pricing.

Pricing for September 1, 2015 to August 31, 2016*
*pricing subject to change at any time
CONTINENTAL BREAKFAST
OR
BAGGED BREAKFAST

$12.20 plus GST per person (not served in our cafeteria)

Continental Breakfast: (pricing based on a minimum 12 people, smaller groups please inquire)
- Chef’s choice assorted baked items
- Cheese slices
- Fresh fruit slices
- Yogurt
- Boiled eggs
- Beverages: coffee, tea, fruit juice, ice water
- Butter or margarine and jam portions

Bagged Breakfast: (no minimum number)
- Chef’s choice baked item
- Cheese portion
- Boiled egg
- Fresh fruit or fruit cup
- Yogurt portion
- Juice box
- Butter or margarine and jam portions
- Cutlery, condiments and a napkin

Bagged orders required 5 working days ahead of pick-up. Please pre-arrange pick up time. Can be packaged in cardboard boxes or paper bags. Please arrange for proper care and refrigeration of your bagged breakfasts, and consume your food within 3 hours of pick-up. Do not eat food that has not been safely stored. Luther is not responsible for care of food consumed off-site.

Portion sizes and pricing may be changed upon request

If not served at Luther College, there is a 5% (minimum $15.00) delivery fee.

Valid September 1, 2015 to August 31, 2016. Prices subject to change.
TAKE OUT
BOXED LUNCHES

Sandwiches or Wraps:
(Choose one sandwich or wrap - $11.60 plus GST)
(Choose two sandwiches or wraps or one submarine sandwich - $12.85 plus GST)
* Roast Beef
* Egg Salad
* Chicken Salad
* Tuna Salad
* Sliced Turkey
* Ham & Cheese
* Cheese & Lettuce

Vegetable (Choose one):
* Garden Salad with dressing & fork
* Veggies & Dip
* Western Bean Salad

Desserts (Choose one):
* Brownie
* Carrot Cake
* 2 Cookies

Fruit:
* One of: Apple, Orange, Banana or a Fruit Cup

Beverage (Choose one):
* Water
* Milk
* Juice Box

Packaged meals also include:
* Napkins
* Condiments
* A Mint
* Box or Bag

Please choose only one or two sandwich filings per group order. Please inform us of special dietary needs.
Orders required minimum 5 business days ahead of pick-up. Please pre-arrange pick up time.
Can be packaged in cardboard boxes or paper bags. Please arrange for proper care and refrigeration of your bagged lunches, and consume your food within 3 hours of pick-up. Do not eat food that has not been safely stored. Luther is not responsible for care of food consumed off-site.
If not picked up at Luther College, there is a 5% (minimum $15.00) delivery fee.
Valid September 1, 2015 to August 31, 2016. Prices subject to change.
BREAKFAST BUFFET

$15.25 plus GST per person
(price based on minimum 40 people, smaller groups please enquire, room rental may apply)
Assortment of butter, margarine, jams, jellies and syrup included.

Hot Items (Choose one):
- Pancakes
- Waffles
- French Toast
- Belgian Waffles

Eggs (Choose two):
- Scrambled
- Skillet Scrambler
- Eggs Benedict
- Poached

Meats (Choose two):
- Bacon
- Sausage
- Ham
- Corned Beef Hash

Hash Browns or Tomatoes Parmesan

Fruit (Choose one):
- Fresh melon slices
- Canned fruit

Assortment of Baked Items (Cook’s choice):
- Assortment of Danish, Croissants, Turnovers, Mini Cinnamon Snails, Mini Muffins or other baking

Beverages included
- Coffee/Tea
- Apple & Orange juice
- Water

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Valid September 1, 2015 to August 31, 2016. Prices subject to change.
BARBEQUES

Prepared on a charcoal grill for extra flavor.
Pricing based on a minimum of 40 people, smaller groups please inquire. Prices listed are per person. Grill available weather permitting. Paper plate service & napkins included; china service available at Luther only.

**Entrée Choice*:**
- New York Steak 8 oz $26.95
- Sirloin Steak 8oz $24.95
- Grilled Chicken Breasts $23.95
- Our best Aunt Catherine’s Chicken Breasts $23.95
- Pulled Pork on a Bun $16.00
- Cheeseburgers 6oz $14.95
- Hamburgers 6oz $14.75
- Smokies or Hot Dogs $12.50
- Hamburgers, Hot Dogs &/or Smokies $13.95 (a selection of served of each)
- Vegetarian Burgers $14.75

**Condiments included:**
- Ketchup, Mustard, Relish, Onions, Pickles

**Additional condiment options (add $0.25 per option):**
- Lettuce
- Tomato
- Cheese

**Sides (choose two):** (additional salads add $2.00 per person)
- Potato Salad
- Macaroni Salad
- Tossed Salad (Choose 2 dressings)
- Veggie Tray & Dip
- Baked Potatoes with Sour Cream, Chives & Bacon Bits
- Baked Beans

**Breads (choose one):**
- Corn Bread
- Garlic Bread

**Desserts:**
- Watermelon or seasonal fruit
- Brownies or Cookies

**Beverages:**
- Juice (crystals)
- Coffee/Tea
- Pitchers of Fountain Drinks (soda pop)
- Pitchers of Water

*Entrée must be decided and pre-ordered 48 hours prior to the event. If not served at Luther College, there is a 5% delivery fee (minimum $15.00). Valid September 1, 2015 to August 31, 2016. Prices subject to change.
BUFFET MEAL

Two Entrée Buffet Includes:

- Choice of Bread
- Choice of 2 Salads
- Choice of 1 Entrée from List A
- Choice of 1 Entrée from List B
- Choice of Potato or Rice
- Choice of Vegetable
- Choice of 1 Dessert
- Beverages

$27.95 per person plus GST
Add third entrée = $6.95 per person plus GST
Pricing based on minimum 40 people for buffet, served at Luther with china service; smaller groups please enquire, room rental at Luther may apply.

Optional Choices: Only one entrée choice from List A or B, same other menu choices
$24.95 per person plus GST
Add a third salad choice for $2.00 per person
Add a second dessert choice for $2.00 per person

Linens: Regular table service includes: linen tablecloths, white paper dinner napkins
Linen napkins: add $1.25 per person

Groups planning to serve wine, beer or spirits at their catered event, please be sure to obtain a permission letter from Luther two weeks prior to your event. Client needs to acquire a liquor license from the Saskatchewan Liquor Board and post at event and provide licensed bartender as required.
Corkage: $2.00 per person plus GST includes glasses, ice, napkins, pop, and juice.
$1.00 per person plus GST for glasses and ice only.

If not served at Luther College, there is a 5% delivery fee (minimum $15.00).
Valid September 1, 2015 to August 31, 2016. Prices subject to change.
BUFFET SUPPER CHOICES:

Fresh baked in house Breads (Choose one):
- Dinner Rolls (White/Whole Wheat)
- Corn Bread
- French Bread

Salads (Choose two):
- Tossed Salad served with Ranch and Italian dressings
- Caesar Salad
- Potato Salad
- Spinach Salad
- Fresh Vegetable Tray
- Tossed Greek Salad

Entrée Choices

List A (Choose one):
- Chicken Cordon Bleu
- Roast Beef, Yorkshire Pudding with Gravy
- Roast Turkey, Gravy, Dressing
- Breaded Southern Chicken Breast with Mushroom Sauce
- Baked Salmon Fillets with Pesto Butter

List B (Choose one):
- Beef or Chicken Lasagna
- Cabbage Rolls and Perogies
- Penne Chicken Alfredo
- Creamy Vegetarian Lasagna
- Bean Curry

Sides (Choose one):
- Seasoned Oven-Roasted Potatoes
- Buttered Parsley Egg Noodles
- Rice Pilaf
- Curry Rice
- Mashed Potato (regular or garlic)
- Baked Potato

Vegetables (Choose one):
- Peas & Carrots
- Fresh Mixed Vegetables
- Corn
- Brussel Sprouts

Dessert Choices (Choose one):
- Cheesecake
- Carrot Cake
- Strawberry Short Cake
- Apple Crisp
- Pavlova
- Shot Glass desserts, assorted

Beverages included:
- Ice water
- Coffee/Tea
- Crystal drink beverage

Valid September 1, 2015 to August 31, 2016. Prices subject to change.
WAITED MEALS
Served between 4:00 p.m. and 8:00 p.m.

All waited meals include:

- Salad
- Bread
- Entrée
- Potato or Rice
- Vegetable
- Dessert
- Beverage

Pricing based on minimum 40 people for meal, served at Luther with china service. For smaller groups or special menus, please enquire, room rental at Luther may apply.

Linens: Regular table service includes: linen tablecloths, and white paper dinner napkins.

Linen napkins optional: add $1.25 per person

Groups planning to serve wine, beer or spirits at their catered event, please be sure to obtain a permission letter from Luther two weeks prior to your event. Client needs to acquire a liquor license from the Saskatchewan Liquor Board and post at event and provide licensed bartender as required.

Corkage: $2.00 per person plus GST includes glasses, ice, napkins, pop, and juice.

$1.00 per person plus GST for glasses and ice only.

If not served at Luther College, there is a 5% delivery fee (minimum $15.00).

Valid September 1, 2015 to August 31, 2016. Prices subject to change.
WAITED MEAL CHOICES:

**Entrée (Choose one):**
- Roast Prime Rib Au Jus $32.25
- Pesto-crusted Atlantic Salmon $25.95
- Roast Beef, Yorkshire Pudding and Gravy $25.95
- Breast of Chicken “Cordon Bleu” $25.95
- Roast Turkey/Sage dressing $25.95
- Roast Loin of Pork with Apple and Sage Sauce $25.95
- Breaded Chicken Breast with Mushroom Sauce $24.95
- Vegetarian Bean Curry $18.75 (vegan recipe)

**Salad (Choose one):**
- Sonoma Valley Salad with Mustard Vinaigrette
- Caesar Salad
- Tossed Green Salad with one two dressings
- Tossed Greek Salad

**Fresh Baked in house Bread (Choose one):**
- Dinner Rolls (White/Whole Wheat)
- Corn Bread
- French Bread

**Sides (Choose one):**
- Oven Roasted Potatoes
- Rice Pilaf
- Mashed Potatoes (regular or garlic)
- Double baked “Stuffed” Potatoes
- Roasted Yams

**Vegetables (Choose one):**
- Garden Fresh Vegetables (in season)
- Honey Glazed Baby Carrots
- Brussel Sprouts

**Desserts (Choose one):** (*desserts served on side table*)
- New York Cheesecake
- Apple Crisp
- Carrot Cake
- Pavlova
- Shot glass desserts, assorted

**Beverages included:**
- Ice water
- Coffee/Tea

Valid September 1, 2015 to August 31, 2016. Prices subject to change.
LUNCHEON BUFFET
Hot & Cold
Combinations
Served between 11:00 a.m. and 2:00 p.m.

Choice of Cold Sandwich/Wrap or Hot Option:
$16.75 per person plus GST
Price based on minimum 12 people, smaller groups please enquire, room rates may apply.

Add second Option:
$5.25 per person plus GST per entrée

Linens:
Regular table service includes: linen tablecloths, and white paper dinner napkins.
Linen napkins optional: add $1.00 per person

Groups planning to serve wine, beer or spirits at their catered event, please be sure to obtain a permission letter from Luther two weeks prior to your event. Client needs to acquire a liquor license from the Saskatchewan Liquor Board and post at event and provide licensed bartender as required.
Corkage: $2.00 per person plus GST includes glasses, ice, napkins, pop, and juice.
$1.00 per person plus GST for glasses and ice only.

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Valid September 1, 2015 to August 31, 2016. Prices subject to change.
LUNCHEON OPTIONS:

**Starter (Choose one):**
- Domestic Cheddar Cheese Slices
- Soup of the Day - Chef’s Choice

**Salads (both included):**
- Tossed Salad served with Ranch and Italian Dressings
- Veggie Tray

Choose one hot or cold option for $16.75, or have both a hot and a cold option for an additional $5.25 per person

**Cold Sandwiches, Wraps Option (Choose up to 4 fillings):**
- Egg Salad
- Tuna Salad
- Roast Beef
- Sliced Turkey
- Ham & Cheese
- Cheese & Tomato
- Curry Chicken Salad
- Salmon Salad
- Cucumber
- Peanut Butter & Jelly
- Hummus, Roasted Red Pepper & Spinach
- Mozzarella, Tomato & Fresh Basil

**Hot Options (choose one):**
- Lasagna & Garlic Toast (choice of Tomato Beef, Creamy Chicken or Creamy Vegetarian)
- Cabbage Rolls & Perogies
- Cheese Tortellini in a Marinara Sauce
- Hot Pulled Pork Sandwiches with a Southern-style BBQ Sauce
- Baked Penne Chicken Alfredo

**Pickles**

**Dessert (Choose one): (additional dessert, add $2.00 per person)**
- Carrot Cake
- Brownies
- Cupcakes
- Fresh Melon Cups & Homemade Cookies

**Beverages:**
- Coffee
- Tea
- Ice Water
- Crystal Juice

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Valid September 1, 2015 to August 31, 2016. Prices subject to change.
TRAYS & SALADS

Prices based on minimum 12 persons, served at Luther with China service. Smaller groups and other campus locations, please enquire.

Cheese Trays

Domestic Cheese Tray
$4.50 per person
Choice of:
• Assorted Cheeses (Cheddar, Mozzarella, Marble)
• Cheese Ball
• Crackers

Imported Cheese Board
$6.50 per person
• Enquire about cheese selection
• Crackers

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<th>Pasta Salad</th>
<th>Potato Salad</th>
<th>Caesar Salad</th>
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Vegetable Crudite Shots with Dip
$3.75 single shot per person

Assorted Vegetable Tray with Dip
$3.50 per person

Fresh Fruit Tray – Assorted seasonal fruit served with cream cheese dip
$3.75 per person

Assorted Sandwiches, Wraps (Choose up to 4 fillings):
• Egg Salad
• Tuna Salad
• Roast Beef
• Sliced Turkey
• Ham & Cheese
• Cheese & Tomato
• Curry Chicken Salad
• Salmon Salad
• Cucumber
• Peanut Butter & Jelly
• Hummus, Roasted Red Pepper & Spinach
• Mozzarella, Tomato & Fresh Basil

$4.95 per person

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Valid September 1, 2015 to August 31, 2016. Prices subject to change.
PIZZA

Large 16” thick crust hand-made Pizza (serves 3-4):
$24.00 each pizza with choice of up to three generous toppings
Extra toppings: $4.25 each pizza
Pricing based on minimum order of three pizzas (eight large slices per pizza), smaller orders please inquire.

- **Choices of toppings include:** pepperoni, salami, ham, mushrooms, pineapple, onions, tomatoes, red or green peppers, feta, spinach, cheese, shrimp, fresh basil

or

- Large BBQ Chicken Pizza: $29.00 each
- Large Chicken Ranch Pizza: $29.00 each
- All-Dressed Pizza: $29.00 each
- Cheese Perogie Pizza: $29.00 each

**Pizza Party or Lasagna Party**
- Choice of entrée: pizza or lasagna
- Served with Caesar salad and potato wedges
- Served with crystal juice, pop and ice water
- Choice of dessert: brownies or cookies
$21.95 per person, based on a minimum 24 people, smaller groups please inquire.

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Valid September 1, 2015 to August 31, 2016. Prices subject to change.
FINGER FOODS

Appetizers:

Reception: recommend 4-6 pieces per person
In place of a Meal: recommend 8-10 pieces per person
Minimum order: 3 dozen pieces per menu item
If not served at Luther College, there is a 5% delivery fee (minimum $15.00)

- **Bruschetta**
  Roma tomato in a balsamic vinaigrette with basil and feta, served on toasted crusty bread.
  $15.95 per dozen pieces

- **Thai Fresh Rolls**
  Chicken/Pork/Shrimp & rice vermicelli in rice wraps served with Hoisin & Peanut sauces.
  $17.95 per dozen pieces

- **Shrimp Cocktail**
  Chilled shrimp served with cocktail sauce.
  $19.95 per dozen pieces

- **Devilled Eggs**
  Classic stuffed eggs.
  $14.95 per dozen pieces

- **Meatballs**
  Hot beef meatballs served with choice of sauce: BBQ, Honey Garlic, Curried Pineapple, Thai Chili
  $14.95 per dozen pieces

- **Pork Gyoza**
  Pork filled dumplings with a dipping sauce.
  $18.95 per dozen pieces

- **Greek Souvlaki**
  Hot skewered pork or chicken served with tzatziki sauce.
  $18.95 per dozen pieces

- **Mini Quiche**
  Served hot, your choice of Spinach or Lorraine.
  $15.95 per dozen pieces

- **Garlic Shrimp Skewers**
  Marinated shrimp, served hot.
  $19.95 per dozen pieces

- **Vegetable Samosas**
  Hot samosas served with a sweet chili sauce.
  $16.95 per dozen pieces

- **Crab Cakes**
  New Orleans style, served with a Cajun aioli.
  $22.95 per dozen pieces

- **Stuffed Dates**
  Bacon wrapped dates stuffed with toasted almonds.
  $18.95 per dozen pieces

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SWEET SELECTIONS

Prices based on a minimum order for 12 people, smaller orders please inquire.

Fresh Fruit Tray
Assorted melon and seasonal fruit
$3.75 per person

Dainty Tray
Assorted dainties, slices and cookies made in house – baker’s choice
$3.25 per person (2 pieces per person)

Mini Cream Puffs
$6.95 per person (3-4 pieces per person)

Homemade New York Style Cheesecake
Fresh-made cheesecake with choice of strawberries or chocolate sauce
$6.95 per person (one slice per person)

Sheet cakes

Carrot Cake with Cream Cheese Icing:
Large single layer, serves 70 - 90  $65.95
Medium single layer, serves 50 – 60  $45.50
Small single layer, serves 30 - 40  $29.95

White or Chocolate Cake with Buttercream Icing:
Large single layer, serves 70 - 90  $45.50
Medium single layer, serves 50 – 60  $29.95
Small single layer, serves 30 - 40  $21.95

Cakes can be personalized: simple decoration no charge, elaborate decorations please enquire.

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BEVERAGES

**Fruit Drink Box**
$1.65 each

**Bottled Water**
$2.00 each

**Canned Soda**
$2.00 each

**Punch in a Bowl** - Choice of Cranberry or Orange (non-alcohol)
$18.95 per 4 litres

**Drink Crystal Beverage**
$6.95 per 64 oz. pitcher
$12.00 per 4 litres

**Soda Pop (Coke Fountain Drinks):**
$8.00 per pitcher, ask about selection

**100% Real Juice**
$12.50 per pitcher, ask about selection

**Coffee & Tea Service options:**
- **Coffee & Tea Service by the Carafe:**
  $1.85 per cup, price based on a minimum of 12 cups, smaller quantities please enquire
  Coffee Service includes: Ice water, cups, creamer, sweetener, stir sticks, napkins
- **“All Day” Coffee & Tea Service:** you prepare as you need
  $16.00 per pouch of coffee client uses in the pour-over coffee system (12 cups), price based on minimum of 3 pouches (minimum $48 charge).
  Includes: water, coffee pouches, black tea, cups, creamer, sweetener, stir sticks and napkins.

Coffee & Tea service options available:
- China service (available to in house events only)
- Styrofoam/plastic (available in house or for delivery outside of Luther College)
- Biodegradable service, please enquire
- *Teas (black and herbal) and/or decaffeinated coffee also available, please enquire.*

**Alcohol:**
Groups planning to serve wine, beer or spirits at their catered event, please be sure to obtain a permission letter from Luther two weeks prior to your event. Client needs to acquire a liquor license from the Saskatchewan Liquor Board and post at event and provide licensed bartender as required.

Corkage:  
$2.00 per person plus GST includes glasses, ice, napkins, pop, and juice.  
$1.00 per person plus GST for glasses and ice only.

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Valid September 1, 2015 to August 31, 2016. Prices subject to change.
FROM THE LUTHER BAKESHOP
Prices based on a minimum of 25 people, smaller groups please inquire.

Dainty Tray:
Assorted dainties, slices and cookies made in house – baker’s choice
$3.25 per person (2 pieces per person)

Fresh Baking:
Cookies, home-made assorted - $8.25 per dozen
Mini Muffins - $10.75 per dozen
Mini Scones - $10.75 per dozen
Mini Cinnamon Snails - $10.75 per dozen
Danish - $12.00 per dozen
Mini Butter tarts - $12.00 per dozen
Croissant - $14.00 per dozen
Muffins - $16.50 per dozen
Butter Tarts - $16.50 per dozen
Banana or Lemon Loaf - $16.50 per dozen
Chocolate or Vanilla Cupcakes - $16.50 per dozen
Cinnamon Snails (large) - $19.50 per dozen
Scones (large) - $19.50 per dozen

Sheet Cakes

**Carrot Cake with Cream Cheese Icing:**
- Large single layer, serves 70 - 90  $65.95
- Medium single layer, serves 50 – 60  $45.50
- Small single layer, serves 30 - 40  $29.95

**White or Chocolate Cake with Buttercream Icing:**
- Large single layer, serves 70 - 90  $45.50
- Medium single layer, serves 50 – 60  $29.95
- Small single layer, serves 30 - 40  $21.95

*Cakes can be personalized: simple decoration no charge, elaborate decorations please enquire.*

*If not served at Luther College, there is a 5% delivery fee (minimum $15.00).*
Valid September 1, 2015 to August 31, 2016. Prices subject to change.