

Luther College CATERING MENU

**WE TAKE PRIDE
IN PROVIDING
FABULOUS FOOD
MADE WITH
FRESH
INGREDIENTS!**



For all food service arrangements, please speak with:

Connie Korol,

Manager of Food Services

Phone: 306.585.5033

Fax: 306.585.2949

Email: foodservices@luthercollege.edu

**Luther College at the University of Regina,
3737 Wascana Parkway, Regina, SK S4S 0A2**

WE CAN ACCOMMODATE SPECIAL DIETS, PLEASE ENQUIRE.

We request catering details be confirmed five days before the event.

If extra attendants or other requests are required for your event, please enquire about pricing.

Pricing for September 1, 2015 to August 31, 2016*

*pricing subject to change at any time



**LUTHER
COLLEGE**
UNIVERSITY OF REGINA

CONTINENTAL BREAKFAST OR BAGGED BREAKFAST

\$12.20 plus GST per person (not served in our cafeteria)

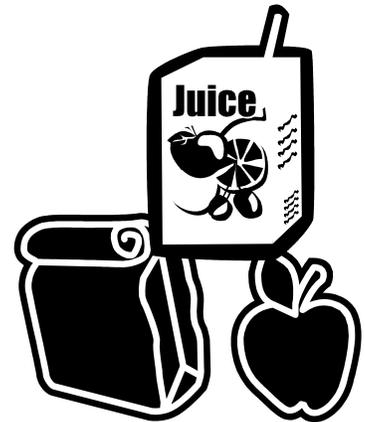
Continental Breakfast: (pricing based on a minimum 12 people, smaller groups please inquire)

- Chef's choice assorted baked items
- Cheese slices
- Fresh fruit slices
- Yogurt
- Boiled eggs
- Beverages: coffee, tea, fruit juice, ice water
- Butter or margarine and jam portions



Bagged Breakfast: (no minimum number)

- Chef's choice baked item
- Cheese portion
- Boiled egg
- Fresh fruit or fruit cup
- Yogurt portion
- Juice box
- Butter or margarine and jam portions
- Cutlery, condiments and a napkin



Bagged orders required 5 working days ahead of pick-up. Please pre-arrange pick up time.

Can be packaged in cardboard boxes or paper bags.

Please arrange for proper care and refrigeration of your bagged breakfasts, and consume your food within 3 hours of pick-up. Do not eat food that has not been safely stored.

Luther is not responsible for care of food consumed off-site.

Portion sizes and pricing may be changed upon request

If not served at Luther College, there is a 5% (minimum \$15.00) delivery fee.

Valid September 1, 2015 to August 31, 2016. Prices subject to change.



TAKE OUT BOXED LUNCHES

Sandwiches or Wraps:

(Choose one sandwich or wrap - \$11.60 plus GST)

(Choose two sandwiches or wraps or one submarine sandwich - \$12.85 plus GST)

- Roast Beef
- Egg Salad
- Chicken Salad
- Tuna Salad
- Sliced Turkey
- Ham & Cheese
- Cheese & Lettuce

Vegetable (Choose one):

- Garden Salad with dressing & fork
- Veggies & Dip
- Western Bean Salad

Desserts (Choose one):

- Brownie
- Carrot Cake
- 2 Cookies

Fruit:

- One of: Apple, Orange, Banana or a Fruit Cup

Beverage (Choose one):

- Water
- Milk
- Juice Box

Packaged meals also include:

- Napkins
- Condiments
- A Mint
- Box or Bag

Please choose only one or two sandwich fillings per group order. Please inform us of special dietary needs. Orders required minimum 5 business days ahead of pick-up. Please pre-arrange pick up time. Can be packaged in cardboard boxes or paper bags. Please arrange for proper care and refrigeration of your bagged lunches, and consume your food within 3 hours of pick-up. Do not eat food that has not been safely stored. Luther is not responsible for care of food consumed off-site.

If not picked up at Luther College, there is a 5% (minimum \$15.00) delivery fee.

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BREAKFAST BUFFET

\$15.25 plus GST per person

(price based on minimum 40 people, smaller groups please enquire, room rental may apply)

Assortment of butter, margarine, jams, jellies and syrup included.

Hot Items (Choose one):

- Pancakes
- Waffles
- French Toast
- Belgian Waffles



Eggs (Choose two):

- Scrambled
- Skillet Scrambler
- Eggs Benedict
- Poached

Meats (Choose two):

- Bacon
- Sausage
- Ham
- Corned Beef Hash



Hash Browns or Tomatoes Parmesean

Fruit (Choose one):

- Fresh melon slices
- Canned fruit

Assortment of Baked Items (Cook's choice):

- Assortment of Danish, Croissants, Turnovers, Mini Cinnamon Snails, Mini Muffins or other baking

Beverages included

- Coffee/Tea
- Apple & Orange juice
- Water

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BARBEQUES

Prepared on a **charcoal grill** for extra flavor.

Pricing based on a minimum of 40 people, smaller groups please inquire. Prices listed are per person. Grill available weather permitting. Paper plate service & napkins included; china service available at Luther only.

Entrée Choice*:

- New York Steak 8 oz \$26.95
- Sirloin Steak 8oz \$24.95
- Grilled Chicken Breasts \$23.95
- Our best Aunt Catherine's Chicken Breasts \$23.95
- Pulled Pork on a Bun \$16.00
- Cheeseburgers 6oz \$14.95
- Hamburgers 6oz \$14.75
- Smokies or Hot Dogs \$12.50
- Hamburgers, Hot Dogs &/or Smokies \$13.95 (a selection of served of each)
- Vegetarian Burgers \$14.75

Condiments included:

- Ketchup, Mustard, Relish, Onions, Pickles

Additional condiment options (add \$0.25 per option):

- Lettuce
- Tomato
- Cheese

Sides (choose two): (additional salads add \$2.00 per person)

- Potato Salad
- Macaroni Salad
- Tossed Salad (Choose 2 dressings)
- Veggie Tray & Dip
- Baked Potatoes with Sour Cream, Chives & Bacon Bits
- Baked Beans

Breads (choose one):

- Corn Bread
- Garlic Bread

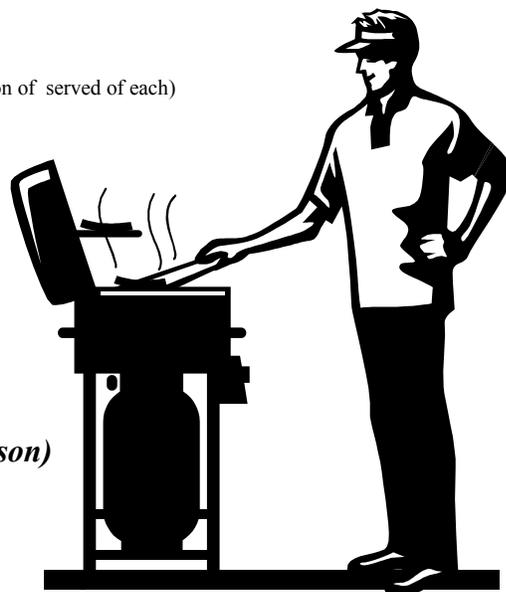
Desserts:

- Watermelon or seasonal fruit
- Brownies or Cookies

Beverages:

- Juice (crystals)
- Coffee/Tea
- Pitchers of Fountain Drinks (soda pop)
- Pitchers of Water

*Entree must be decided and pre-ordered 48 hours prior to the event. If not served at Luther College, there is a 5% delivery fee (minimum \$15.00). Valid September 1, 2015 to August 31, 2016. Prices subject to change.



**LUTHER
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BUFFET MEAL



Two Entrée Buffet Includes:

- Choice of Bread
- Choice of 2 Salads
- ~~Two~~ Choice of 1 Entrée from List A
- ~~Two~~ Choice of 1 Entrée from List B
- Choice of Potato or Rice
- Choice of Vegetable
- ~~Two~~ Choice of 1 Dessert
- Beverages



\$27.95 per person plus GST

Add third entrée = \$6.95 per person plus GST

Pricing based on minimum 40 people for buffet, served at Luther with china service; smaller groups please enquire, room rental at Luther may apply.

Optional Choices: Only **one** entrée choice from List A or B, same other menu choices
\$24.95 per person plus GST
Add a third salad choice for \$2.00 per person
Add a second dessert choice for \$2.00 per person

Linens: Regular table service includes: linen tablecloths, white paper dinner napkins
Linen napkins: add \$1.25 per person

Groups planning to serve wine, beer or spirits at their catered event, please be sure to obtain a permission letter from Luther two weeks prior to your event. Client needs to acquire a liquor license from the Saskatchewan Liquor Board and post at event and provide licensed bartender as required.

Corkage: \$2.00 per person plus GST includes glasses, ice, napkins, pop, and juice.
\$1.00 per person plus GST for glasses and ice only.

If not served at Luther College, there is a 5% delivery fee (minimum \$15.00) .

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BUFFET SUPPER CHOICES:

Fresh baked in house Breads (Choose one):

- Dinner Rolls (White/Whole Wheat)
- Corn Bread
- French Bread

Salads (Choose two):

- Tossed Salad served with Ranch and Italian dressings
- Caesar Salad
- Potato Salad
- Spinach Salad
- Fresh Vegetable Tray
- Tossed Greek Salad

Entrée Choices

List A (Choose one)<

- Chicken Cordon Bleu
- Roast Beef, Yorkshire Pudding with Gravy
- Roast Turkey, Gravy, Dressing
- Breaded Southern Chicken Breast with Mushroom Sauce
- Baked Salmon Fillets with Pesto Butter

List B (Choose one)<

- Beef or Chicken Lasagna
- Cabbage Rolls and Perogies
- Penne Chicken Alfredo
- Creamy Vegetarian Lasagna
- Bean Curry

Sides (Choose one):

- Seasoned Oven-Roasted Potatoes
- Buttered Parsley Egg Noodles
- Rice Pilaf
- Curry Rice
- Mashed Potato (regular or garlic)
- Baked Potato

Vegetables (Choose one):

- Peas & Carrots
- Fresh Mixed Vegetables
- Corn
- Brussel Sprouts

Dessert Choices (Choose one):

- Cheesecake
- Carrot Cake
- Strawberry Short Cake
- Apple Crisp
- Pavlova
- Shot Glass desserts, assorted

Beverages included:

- Ice water
- Coffee/Tea
- Crystal drink beverage



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WAITED MEALS

Served between 4:00 p.m. and 8:00 p.m.

All waited meals include:

- Salad
- Bread
- Entrée
- Potato or Rice
- Vegetable
- Dessert
- Beverage



Pricing based on minimum 40 people for meal, served at Luther with china service. For smaller groups or special menus, please enquire, room rental at Luther may apply.

Linens: Regular table service includes: linen tablecloths, and white paper dinner napkins.

Linen napkins optional: add \$1.25 per person

Groups planning to serve wine, beer or spirits at their catered event, please be sure to obtain a permission letter from Luther two weeks prior to your event. Client needs to acquire a liquor license from the Saskatchewan Liquor Board and post at event and provide licensed bartender as required.

Corkage: \$2.00 per person plus GST includes glasses, ice, napkins, pop, and juice.

\$1.00 per person plus GST for glasses and ice only.

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WAITED MEAL CHOICES:

Entrée (Choose one):

- Roast Prime Rib Au Jus \$32.25
- Pesto-cruste Atlantic Salmon \$25.95
- Roast Beef, Yorkshire Pudding and Gravy \$25.95
- Breast of Chicken "Cordon Bleu" \$25.95
- Roast Turkey/Sage dressing \$25.95
- Roast Loin of Pork with Apple and Sage Sauce \$25.95
- Breaded Chicken Breast with Mushroom Sauce \$24.95
- Vegetarian Bean Curry \$18.75 (vegan recipe)

Salad (Choose one):

- Sonoma Valley Salad with Mustard Vinaigrette
- Caesar Salad
- Tossed Green Salad with one two dressings
- Tossed Greek Salad

Fresh Baked in house Bread (Choose one):

- Dinner Rolls (White/Whole Wheat)
- Corn Bread
- French Bread

Sides (Choose one):

- Oven Roasted Potatoes
- Rice Pilaf
- Mashed Potatoes (regular or garlic)
- Double baked "Stuffed" Potatoes
- Roasted Yams

Vegetables (Choose one):

- Garden Fresh Vegetables (in season)
- Honey Glazed Baby Carrots
- Brussel Sprouts

Desserts (Choose one): *(desserts served on side table)*

- New York Cheesecake
- Apple Crisp
- Carrot Cake
- Pavlova
- Shot glass desserts, assorted

Beverages included:

- Ice water
- Coffee/Tea

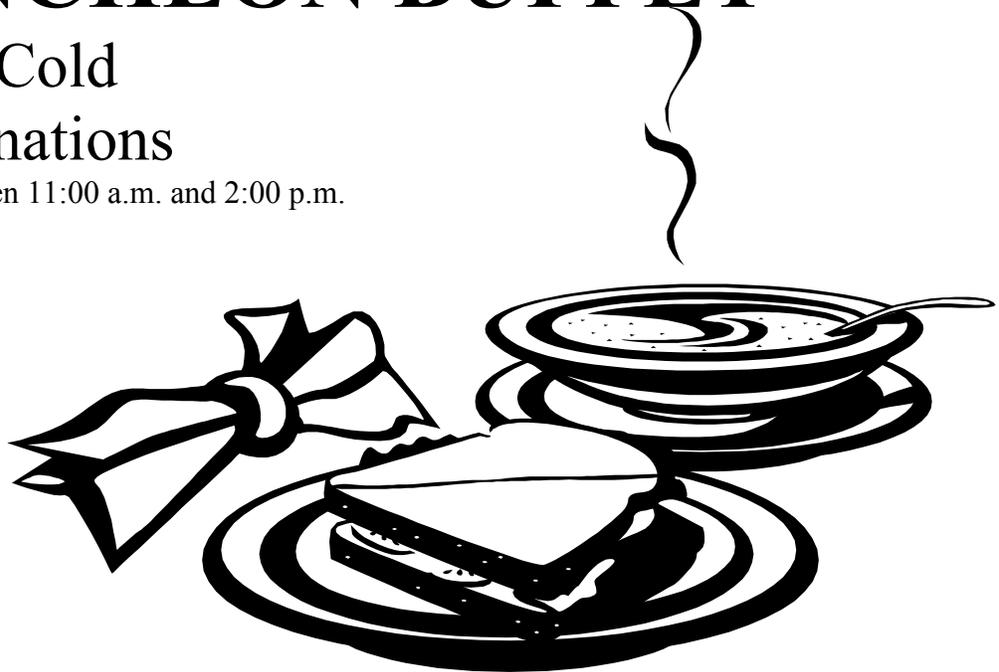


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LUNCHEON BUFFET

Hot & Cold Combinations

Served between 11:00 a.m. and 2:00 p.m.



Choice of Cold Sandwich/Wrap or Hot Option:

\$16.75 per person plus GST

Price based on minimum 12 people, smaller groups please enquire, room rates may apply.

Add second Option:

\$5.25 per person plus GST per entrée

Linens: Regular table service includes: linen tablecloths,
and white paper dinner napkins.
Linen napkins optional: add \$1.00 per person

Groups planning to serve wine, beer or spirits at their catered event, please be sure to obtain a permission letter from Luther two weeks prior to your event. Client needs to acquire a liquor license from the Saskatchewan Liquor Board and post at event and provide licensed bartender as required.

Corkage: \$2.00 per person plus GST includes glasses, ice, napkins, pop, and juice.
\$1.00 per person plus GST for glasses and ice only.

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LUNCHEON OPTIONS:



Starter (Choose one):

- Domestic Cheddar Cheese Slices
- Soup of the Day - Chef's Choice

Salads (both included):

- Tossed Salad served with Ranch and Italian Dressings
- Veggie Tray

Choose one hot or cold option for \$16.75, or have both a hot *and* a cold option for an additional \$5.25 per person

Cold Sandwiches, Wraps Option (Choose up to 4 fillings):

- Egg Salad
- Tuna Salad
- Roast Beef
- Sliced Turkey
- Ham & Cheese
- Cheese & Tomato
- Curry Chicken Salad
- Salmon Salad
- Cucumber
- Peanut Butter & Jelly
- Hummus, Roasted Red Pepper & Spinach
- Mozzarella, Tomato & Fresh Basil

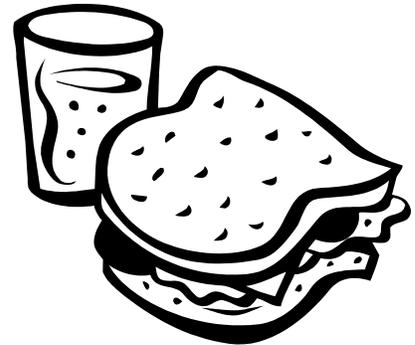
Hot Options (choose one):

- Lasagna & Garlic Toast (choice of Tomato Beef, Creamy Chicken or Creamy Vegetarian)
- Cabbage Rolls & Perogies
- Cheese Tortellini in a Marinara Sauce
- Hot Pulled Pork Sandwiches with a Southern-style BBQ Sauce
- Baked Penne Chicken Alfredo

Pickles

Dessert (Choose one): *(additional dessert, add \$2.00 per person)*

- Carrot Cake
- Brownies
- Cupcakes
- Fresh Melon Cups & Homemade Cookies



Beverages:

- Coffee
- Tea
- Ice Water
- Crystal Juice

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TRAYS & SALADS

Prices based on minimum 12 persons, served at Luther with China service. Smaller groups and other campus locations, please enquire.

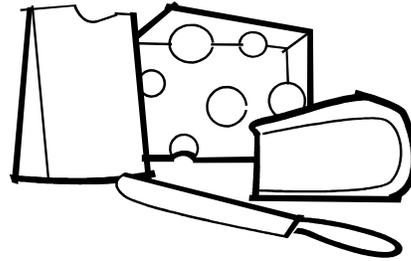
Cheese Trays

Domestic Cheese Tray

\$4.50 per person

Choice of:

- Assorted Cheeses (Cheddar, Mozzarella, Marble)
- Cheese Ball
- Crackers



Imported Cheese Board

\$6.50 per person

- Enquire about cheese selection
- Crackers

Pasta Salad

\$3.25 per person

Potato Salad

\$3.25 per person

Caesar Salad

\$4.00 per person

Vegetable Crudite Shots with Dip

\$3.75 single shot per person

Assorted Vegetable Tray with Dip

\$3.50 per person

Fresh Fruit Tray – Assorted seasonal fruit served with cream cheese dip

\$3.75 per person

Assorted Sandwiches, Wraps (Choose up to 4 fillings):

- Egg Salad
- Tuna Salad
- Roast Beef
- Sliced Turkey
- Ham & Cheese
- Cheese & Tomato
- Curry Chicken Salad
- Salmon Salad
- Cucumber
- Peanut Butter & Jelly
- Hummus, Roasted Red Pepper & Spinach
- Mozzarella, Tomato & Fresh Basil

\$4.95 per person

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PIZZA



Large 16" thick crust hand-made Pizza (serves 3-4):
\$24.00 each pizza with choice of up to three generous toppings

Extra toppings: \$4.25 each pizza

Pricing based on minimum order of three pizzas (eight large slices per pizza), smaller orders please inquire.

- *Choices of toppings include: pepperoni, salami, ham, mushrooms, pineapple, onions, tomatoes, red or green peppers, feta, spinach, cheese, shrimp, fresh basil*

or

- Large BBQ Chicken Pizza: \$29.00 each
- Large Chicken Ranch Pizza: \$29.00 each
- All-Dressed Pizza: \$29.00 each
- Cheese Perogie Pizza: \$29.00 each



Pizza Party or Lasagna Party

- Choice of entrée: pizza or lasagna
- Served with Caesar salad and potato wedges
- Served with crystal juice, pop and ice water
- Choice of dessert: brownies or cookies



\$21.95 per person, based on a minimum 24 people, smaller groups please inquire.

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**LUTHER
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UNIVERSITY OF REGINA

FINGER FOODS

Appetizers:

Reception: recommend 4-6 pieces per person

In place of a Meal: recommend 8-10 pieces per person

Minimum order: 3 dozen pieces per menu item

If not served at Luther College, there is a 5% delivery fee (minimum \$15.00)

Bruschetta

Roma tomato in a balsamic vinaigrette with basil and feta, served on toasted crusty bread.

\$15.95 per dozen pieces

Thai Fresh Rolls

Chicken/Pork/Shrimp & rice vermicelli in rice wraps served with Hoisin & Peanut sauces.

\$17.95 per dozen pieces

Shrimp Cocktail

Chilled shrimp served with cocktail sauce.

\$19.95 per dozen pieces

Devilled Eggs

Classic stuffed eggs.

\$14.95 per dozen pieces

Meatballs

Hot beef meatballs served with choice of sauce: BBQ, Honey Garlic, Curried Pineapple, Thai Chili

\$14.95 per dozen pieces

Pork Gyoza

Pork filled dumplings with a dipping sauce.

\$18.95 per dozen pieces

Greek Souvlaki

Hot skewered pork or chicken served with tzatziki sauce.

\$18.95 per dozen pieces

Mini Quiche

Served hot, your choice of Spinach or Lorraine.

\$15.95 per dozen pieces

Garlic Shrimp Skewers

Marinated shrimp, served hot.

\$19.95 per dozen pieces

Vegetable Samosas

Hot samosas served with a sweet chili sauce .

\$16.95 per dozen pieces

Crab Cakes

New Orleans style, served with a Cajun aioli.

\$22.95 per dozen pieces

Stuffed Dates

Bacon wrapped dates stuffed with toasted almonds.

\$18.95 per dozen pieces



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SWEET SELECTIONS

Prices based on a minimum order for 12 people, smaller orders please inquire.

Fresh Fruit Tray

Assorted melon and seasonal fruit

\$3.75 per person

Dainty Tray

Assorted dainties, slices and cookies made in house – baker's choice

\$3.25 per person (2 pieces per person)

Mini Cream Puffs

\$6.95 per person (3-4 pieces per person)

Homemade New York Style Cheesecake

Fresh-made cheesecake with choice of strawberries or chocolate sauce

\$6.95 per person (one slice per person)

Sheet cakes

Carrot Cake with Cream Cheese Icing:

Large single layer, serves 70 - 90 \$65.95

Medium single layer, serves 50 – 60 \$45.50

Small single layer, serves 30 - 40 \$29.95

White or Chocolate Cake with Buttercream Icing:

Large single layer, serves 70 - 90 \$45.50

Medium single layer, serves 50 – 60 \$29.95

Small single layer, serves 30 - 40 \$21.95

Cakes can be personalized: simple decoration no charge, elaborate decorations please enquire.

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BEVERAGES

Fruit Drink Box

\$1.65 each

Bottled Water

\$2.00 each

Canned Soda

\$2.00 each

Punch in a Bowl - Choice of Cranberry or Orange (non-alcohol)

\$18.95 per 4 litres

Drink Crystal Beverage

\$6.95 per 64 oz. pitcher

\$12.00 per 4 litres

Soda Pop (Coke Fountain Drinks):

\$8.00 per pitcher, ask about selection

100% Real Juice

\$12.50 per pitcher, ask about selection

Coffee & Tea Service options:

- **Coffee & Tea Service by the Carafe:**

\$1.85 per cup, price based on a minimum of 12 cups, smaller quantities please enquire

Coffee Service includes: Ice water, cups, creamer, sweetener, stir sticks, napkins

- **"All Day" Coffee & Tea Service:** you prepare as you need

\$16.00 per pouch of coffee client uses in the pour-over coffee system (12 cups), price based on minimum of 3 pouches (minimum \$48 charge).

Includes: water, coffee pouches, black tea, cups, creamer, sweetener, stir sticks and napkins.

Coffee & Tea service options available:

- China service (available to in house events only)
- Styrofoam/plastic (available in house or for delivery outside of Luther College)
- Biodegradable service, please enquire
- *Teas (black and herbal) and/or decaffeinated coffee also available, please enquire.*

Alcohol:

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Corkage: \$2.00 per person plus GST includes glasses, ice, napkins, pop, and juice.

\$1.00 per person plus GST for glasses and ice only.

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FROM THE LUTHER BAKESHOP

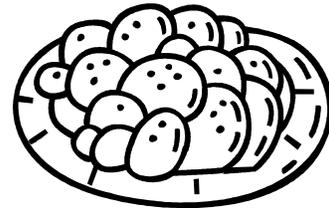
Prices based on a minimum of 25 people, smaller groups please inquire.

Dainty Tray:

Assorted dainties, slices and cookies made in house – baker's choice
\$3.25 per person (2 pieces per person)

Fresh Baking:

Cookies, home-made assorted - \$8.25 per dozen
Mini Muffins - \$10.75 per dozen
Mini Scones - \$10.75 per dozen
Mini Cinnamon Snails - \$10.75 per dozen
Danish - \$12.00 per dozen
Mini Butter tarts - \$12.00 per dozen
Croissant - \$14.00 per dozen
Muffins - \$16.50 per dozen
Butter Tarts - \$16.50 per dozen
Banana or Lemon Loaf - \$16.50 per dozen
Chocolate or Vanilla Cupcakes - \$16.50 per dozen
Cinnamon Snails (large) - \$19.50 per dozen
Scones (large) - \$19.50 per dozen



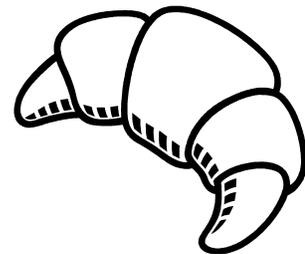
Sheet Cakes

Carrot Cake with Cream Cheese Icing:

Large single layer, serves 70 - 90 \$65.95
Medium single layer, serves 50 – 60 \$45.50
Small single layer, serves 30 - 40 \$29.95

White or Chocolate Cake with Buttercream Icing:

Large single layer, serves 70 - 90 \$45.50
Medium single layer, serves 50 – 60 \$29.95
Small single layer, serves 30 - 40 \$21.95



Cakes can be personalized: simple decoration no charge, elaborate decorations please enquire.

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